



**Flinders  
University**  
Adelaide Australia



# 2023

## Pre-departure guide



# Welcome to Flinders University

**This is an important time of growth, exploration and transformation for you, and one we want you to enjoy! Immerse yourself in the campus and community environment and get involved in the many exciting events and activities.**

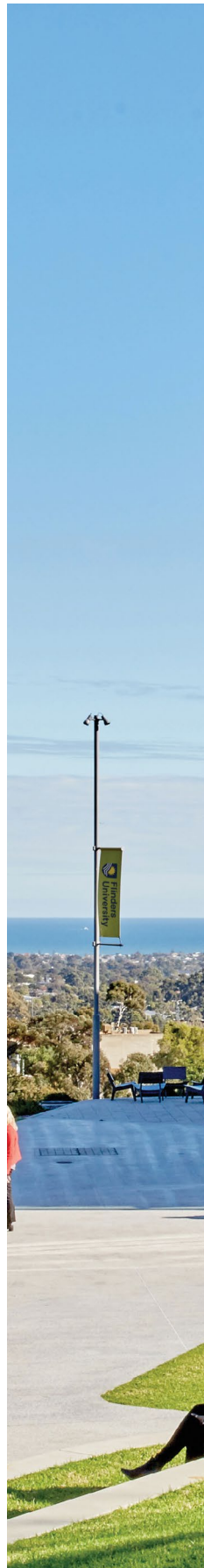
We are particularly aware of how challenging it can be to adjust to a new environment, and we encourage you to seek assistance early if you have any concerns or questions at all, so you can adjust as quickly as possible to Flinders and Adelaide.

Even before you arrive on campus you will be well-supported here at Flinders. The Flinders International team will assist you through your settling in phase, and will help you to connect with a range of support services and staff in your academic area. We do this both onshore on campus, and online via our virtual hub, the team are at your fingertips!

I look forward to this being the beginning of a lifelong association between you and Flinders University and I look forward to seeing you on campus.

Wishing you the very best of luck!

**Sebastian Raneskold**  
Vice-President & Pro Vice-Chancellor  
(International)



## Top 2% University

THE World University Rankings 2023 as a percentage of the total number of universities in the world according to the International Association of Universities

## Ranked No. 1 in SA for student support

The Good Universities Guide 2023 (undergraduate), public SA-founded universities only

## No. 1 SA university for overall educational experience and full-time employment

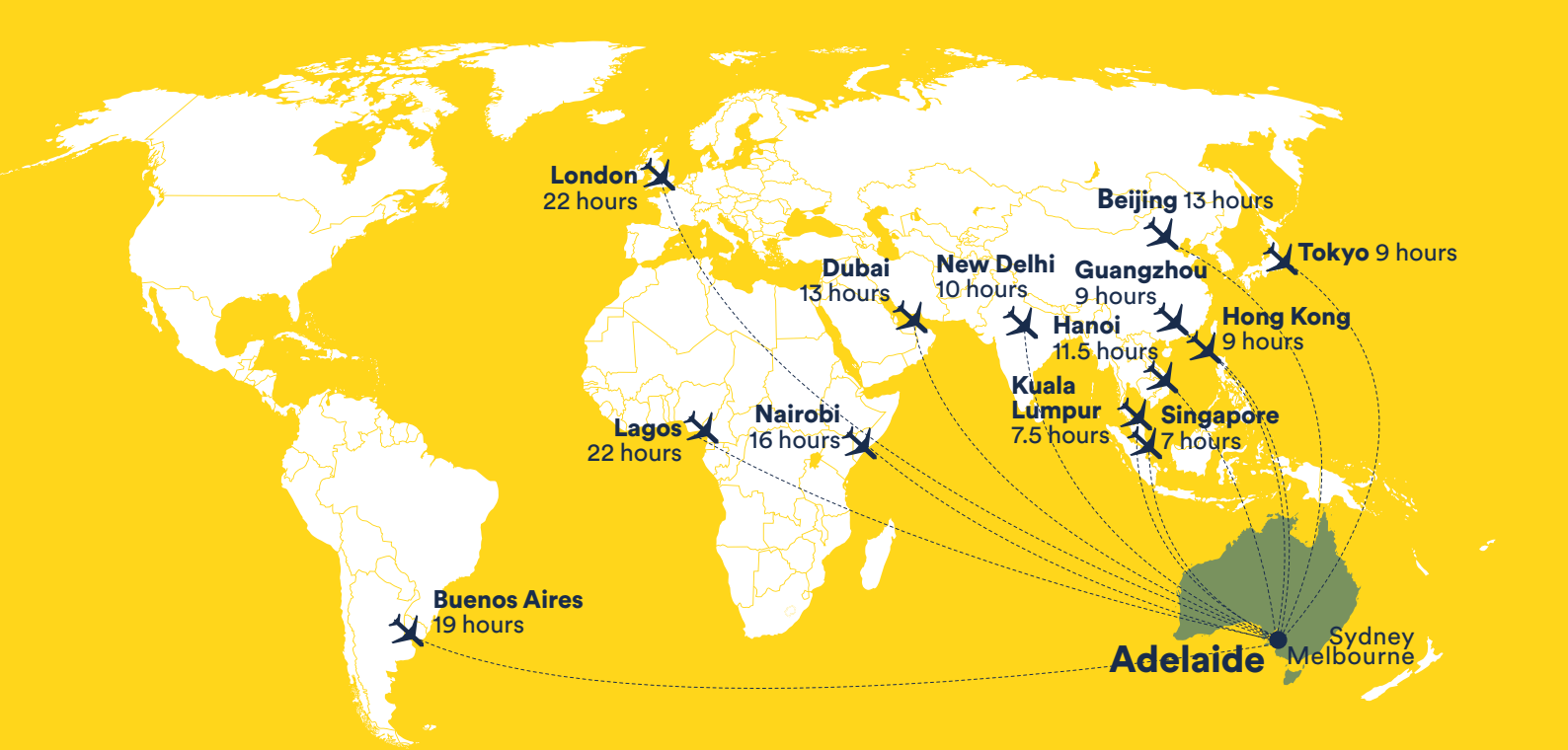
The Good Universities Guide 2022, overall quality of educational experience (postgraduate), public SA-founded universities only



Flinders University

# Before you arrive





### Arranging a student visa

You are required to apply for a student visa sub class 500 online regardless of your chosen course.

Use the Document Checklist Tool [immi.homeaffairs.gov.au/visas/web-evidentiary-tool](https://immi.homeaffairs.gov.au/visas/web-evidentiary-tool) to help you find out the documents you need to provide with your student visa application.

### Fees

As an international student, you are required to pay your first semester tuition fees before entering Australia. The amount required depends on your enrolled course and will be stated on your Letter of Offer.

For subsequent semesters, you will not be invoiced but you can check your fee account from your Student System.

### Prepare your travel

Use the Department of Home Affairs checklist to prepare for your travel [covid19.homeaffairs.gov.au/preparing-to-travel-to-australia-from-overseas](https://www.homeaffairs.gov.au/preparing-to-travel-to-australia-from-overseas)

### Time zones

Australia is divided into three time zones, with Adelaide coming under Australian Central Standard Time (ACST).

Time difference between Adelaide and overseas:

Indonesia - 2.5 h	United Arab Emirates - 5.5 h
China, Malaysia, Singapore - 1.5 h	Delhi, India - 5 h
USA - 18 h	Nairobi, Kenya - 7.5 h

### Flights

You can fly to Adelaide from anywhere in the world, and there are many direct flights available.

Estimated flight times to Adelaide\*:

Kuala Lumpur - 7.5 h	Hong Kong - 9 h
Buenos Aires - 19 h	New Delhi - 10 h
Dubai - 13 h	London - 22 h
Beijing - 13 h	Hanoi - 11.5 h
Tokyo - 9 h	Lagos - 22 h
Guangzhou - 9 h	Nairobi - 16 h
Singapore - 7 h	

\*Some flights require stopover

**“Adelaide is less fast-paced than Sydney or Melbourne. As an international student, why we come to Adelaide is because it is quite easy to adapt to the environment and the culture. It gives you a time frame to adapt to Australia and its culture. And also the living costs, I would say it’s quite affordable in Adelaide.”**

**Kriti Regmi** Bachelor of Nursing, Nepal

# When you arrive

## Documents to bring with you

Official documents you will need on arrival in Australia:

- valid passport and student visa grant letter
- offer letter from Flinders University
- Confirmation of Enrolment (eCoE) issued by Flinders University
- receipts of payments (e.g. tuition fees, OSHC, bank statements etc.)
- original or certified copies of your academic transcripts and qualifications
- other personal identification documents e.g. birth certificate, ID card, driver's licence
- medical records and/or prescriptions.
- COVID19 Vaccination certificate

## Clothing

Summer in Australia is from December to February, autumn from March to May, *winter* from June to August, and *spring* from September to November.

In Adelaide, the hottest months are January and February. If you arrive in June or July, the coldest months of the year, you may need to bring or buy winter clothing and blankets.

Season average temperature range:

Summer (December to February)  
25°C to 35°C / 77°F to 95°F

Autumn (March to May)  
20°C to 25°C / 68°F to 77°F

Winter (June to August)  
10°C to 15°C / 50°F to 59°F

Spring (September to November)  
20°C to 25°C / 68°F to 77°F

To check the weather visit [bom.gov.au](http://bom.gov.au)

## Travel money

Bring a small amount of cash in Australian dollars for food, taxis and public transport. Travel with either a VISA or MASTERCARD credit card.

## Mobile Phone

You can bring a mobile phone which works with Australia's mobile technology.

The website [acma.gov.au](http://acma.gov.au) can help you.

Otherwise, you can buy a phone when you arrive. There are four major mobile phone providers: [whistleout.com.au](http://whistleout.com.au)

## Meet and Greet

ISS provides a free 'meet and greet' arrival service. An ATeam member can meet you at the airport, train or bus station in Adelaide. Book this service at least 5 working days before you arrive in Adelaide. [students.flinders.edu.au/support/iss/planning-arrival](http://students.flinders.edu.au/support/iss/planning-arrival)

## Declare It

Australia has strict rules to protect it from biosecurity risks. To know what you can and cannot bring, visit [abf.gov.au/entering-and-leaving-australia/can-you-bring-it-in/overview](http://abf.gov.au/entering-and-leaving-australia/can-you-bring-it-in/overview)



**"I have found Adelaide to be very affordable for living costs and that the education quality has been high. The city is safe in the way that I can always feel a sense of security. No matter if I am walking along the streets by myself, or driving in the dark."**

**Zinan Wang**, Bachelor of Education (Early Childhood) and Bachelor of Arts, China



# Finance

## Money

To cover your initial expenses, you will need between \$3,000AU and \$6,000AU. On arrival you can open a bank account and use either a debit or credit card to pay for rent, food and utilities. The four major banks in Australia are ANZ, Commonwealth Bank, National Australia Bank and Westpac. You will need your passport and some cash to open an account. Most Australian banks charge fees for a bank account or a banking service.

For campus banking facilities: [students.flinders.edu.au/uni-life/bedford-park/facilities-services/banking](https://students.flinders.edu.au/uni-life/bedford-park/facilities-services/banking)

## Working in Australia

You can work a maximum of 40 hours per fortnight during the term and unlimited hours when your course is not in session if you are undertaking a bachelor/graduate certificate/graduate diploma/ masters by course work. If you are doing masters by research or PhD, you can work unlimited hours any time of the year.

For more information: [students.flinders.edu.au/support/iss/working-whilst-studying](https://students.flinders.edu.au/support/iss/working-whilst-studying)

There are number of online employment websites which can assist you:

[careerone.com.au](https://www.careerone.com.au)  
[seek.com.au](https://www.seek.com.au)  
[au.indeed.com](https://www.auindeed.com)

## Adelaide cost of living estimates

Average weekly costs per week in \$AUD^:

Rent – City (Shared)	\$185
Utility Bill (Shared)	\$30
Grocery	\$60
Phone and internet	\$25
Public Transport	\$15
Entertainment	\$80

^ Average student budget sourced from [studyadelaide.com/why-adelaide/life-in-adelaide/living-costs](https://www.studyadelaide.com/why-adelaide/life-in-adelaide/living-costs)



# Housing

## On-campus housing

The majority of students live on-campus at Flinders Living or the Flinders Medical Centre Flats.

## Off-campus housing

If you choose to live off campus the following websites will assist you in finding rental accommodation:

- [flinders.edu.au/living/short-term-private-accommodation](https://flinders.edu.au/living/short-term-private-accommodation)
- [students.flinders.edu.au/support/iss/accommodation](https://students.flinders.edu.au/support/iss/accommodation)

A security deposit or bond is required by a landlord or property agent. The bond is to guarantee the owner reimbursement if you leave the premises damaged or with rent owing. If you leave the property in good condition and with all rent paid your bond should be returned to you in full once you have left the property.

## City accommodation

### The Switch

The Switch is Adelaide's newest and most innovative student accommodation. A co-living space that is redesigned for the younger generation and equipped with world-class amenities in an unbeatable inner CBD location - it's just a 22 minute train ride from the Bedford Park campus.

[switchliving.com.au/flinders-university](https://switchliving.com.au/flinders-university)

## Types of housing

There are many types of off campus housing, from private rental house and flats, sharing house, room only accommodation and full board homestay. Visit our Planning Your Arrival page for information on the types of housing and to know your rights: [students.flinders.edu.au/support/iss/planning-arrival](https://students.flinders.edu.au/support/iss/planning-arrival)



The Flinders University campus is a great place to study because it is away from the hustle and bustle of the city with a quiet and peaceful environment. The proximity of each campus and facilities makes it easy to go for a walk to get one from end to the other. In my first year, I lived on campus at Flinders Living. This was a great experience because it's a 5 minute walk to class, the library and the Flinders Gym. The environment is also safe for students to access even late at night.

**Francis Tungcol**, Master of Physiotherapy, Canada



**Adelaide is  
Australia's most  
affordable major city**

Mercer's 2021 Cost of Living city ranking





Adelaide is alive and vibrant. Local fresh food markets, exciting restaurants and cafés, international sporting events and world renowned arts festivals are just a few of the reasons that studying in Adelaide gives you a quality of life you won't find anywhere else in Australia.

More than 38,000 students from 130 countries choose to study, live and work in Adelaide. The city designed for life.  
[flinders.edu.au/international/living-in-adelaide](http://flinders.edu.au/international/living-in-adelaide)

### Helpful links

[www.studyadelaide.com](http://www.studyadelaide.com)  
[www.southaustralia.com](http://www.southaustralia.com)

### Festivals

South Australia is known as the 'Festival State', with regular cultural and sporting events held right across the year, including:

- WOMADelaide
- Adelaide Festival
- Adelaide Fringe
- Tour Down Under
- Tasting Australia

### Food

If you love great food, you'll love Adelaide. The city is full of stunning cafés and restaurants. South Australia is well known for producing high-quality produce, from fresh fruit and vegetables through to the finest meat and seafood. The city is also close to high quality produce regions, such as the Barossa Valley and McLaren Vale. Adelaide is a multicultural city well catered to vegan, vegetarian, halal and kosher requirements.

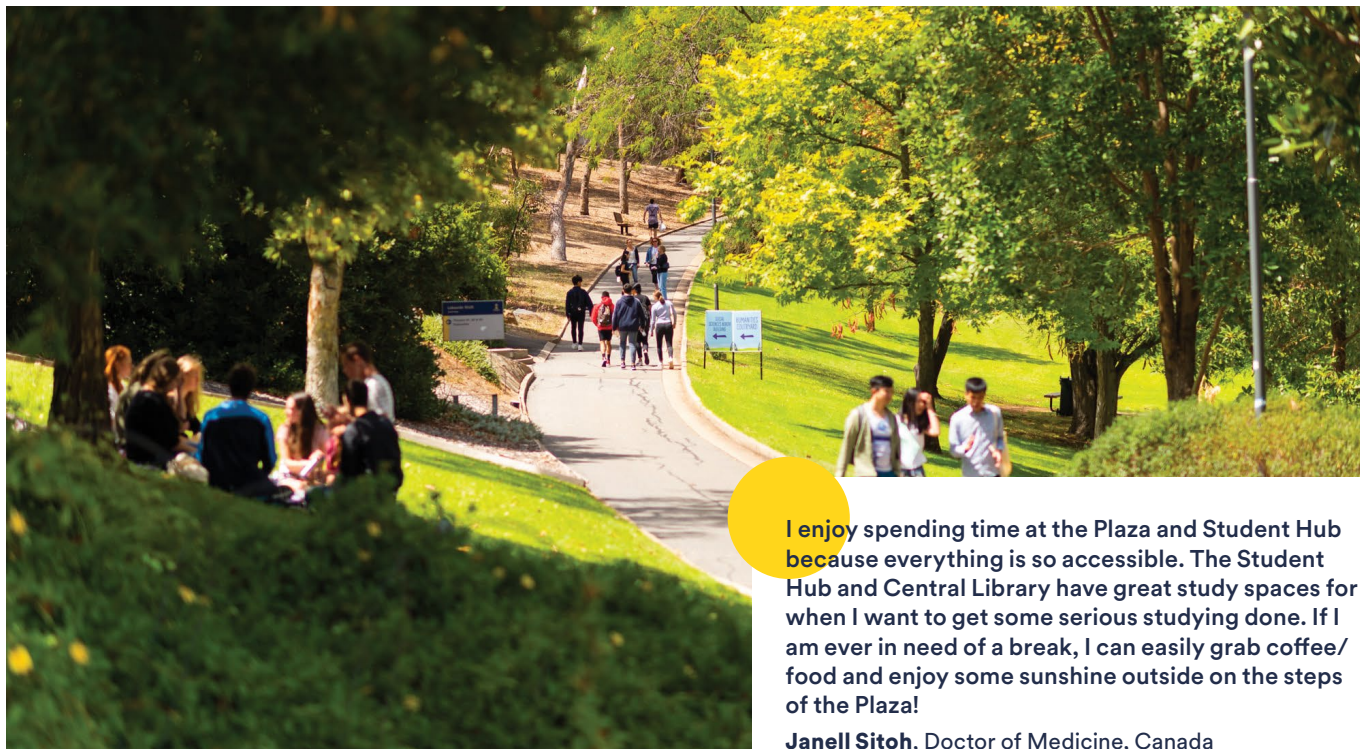


# Welcome to Adelaide, South Australia

**Adelaide is  
one of the top 40  
student cities in  
the world**

QS Best Student Cities 2022

# Campus life



I enjoy spending time at the Plaza and Student Hub because everything is so accessible. The Student Hub and Central Library have great study spaces for when I want to get some serious studying done. If I am ever in need of a break, I can easily grab coffee/food and enjoy some sunshine outside on the steps of the Plaza!

**Janell Sitoh**, Doctor of Medicine, Canada

## International Student Services (ISS)

ISS is part of Flinders International, and is the first point of contact for all international students, we arrange social activities including trips and tours at low cost. Information is sent via student email, so check your university email regularly: students.[flinders.edu.au/support/iss](https://flinders.edu.au/support/iss)

## Flinders University Student Association

Flinders University Student Association (FUSA) is the student organisation that represents the rights and interests of students. [fusa.edu.au/about](https://fusa.edu.au/about)  
Join a club via: [students.flinders.edu.au/uni-life](https://students.flinders.edu.au/uni-life)

## OASIS

OASIS is a student community wellbeing centre focused on supporting the physical, emotional, social and spiritual needs of students. Most international students visit the Oasis community centre for studies, social activities and to meet staff and other students. [oasis.flinders.edu.au](https://oasis.flinders.edu.au)

## Flinders University Sport and Fitness

Flinders One Sport and Fitness is open 7 days per week for 24 hours a day and offers a range of fitness and wellness activities. To join: [onesportandfitness.com.au](https://onesportandfitness.com.au)

## Flinders Living

If you are living on-campus, the Hall and Village senior residents organise a number of activities. [flinders.edu.au/living](https://flinders.edu.au/living)

## Careers and Employability

If you need help in planning your career, broadening your skills and experience and connecting you to potential employers and industry professionals. [students.flinders.edu.au/support/careers](https://students.flinders.edu.au/support/careers)

## Flinders University Museum of Art

Interested in art? Check the collection at FUMA: [flinders.edu.au/museum-of-art](https://flinders.edu.au/museum-of-art)

## Study spaces

A variety of spaces and resources for students are available on campus. You can use the PCs, connect your own device using wifi on campus or print at designated printing areas. [flinders.edu.au/campus/bedford-park/facilities-services/technology-in-hub](https://flinders.edu.au/campus/bedford-park/facilities-services/technology-in-hub)

## My campus

Flinders has several campuses with Bedford Park as the main campus. Take a virtual tour of the campus: [flinders.edu.au/campus/virtual-reality](https://flinders.edu.au/campus/virtual-reality)

## Bus, train and tram

Adelaide Metro run public transport in Adelaide. The website [adelaidemetro.com.au](http://adelaidemetro.com.au) gives you access to general customer information as well as fares, timetables, new and special offers.

## Bikes

You can plan to ride to Flinders using either bike lanes or secondary roads and explore Adelaide via bike. Make sure you know the road rules and safety.

Bike route maps are a good way to plan your route and these can be downloaded from [sa.gov.au/topics/driving-and-transport/cycling/cycling-maps](http://sa.gov.au/topics/driving-and-transport/cycling/cycling-maps)

## Driving in South Australia

As a visitor with a temporary visa you can drive in South Australia but must only drive the type of vehicle authorised by your licence. You must always carry your current driver's licence issued overseas at all times. If your licence is not in English you must carry an International Driving Permit or an English translation. Make sure to know the road rules and safety: [sa.gov.au/topics/driving-and-transport/roads-and-traffic/australian-road-rules](http://sa.gov.au/topics/driving-and-transport/roads-and-traffic/australian-road-rules)

## Parking on Campus

Paid parking is available on campus for staff, students and visitors. [students.flinders.edu.au/uni-life/bedford-park/parking](http://students.flinders.edu.au/uni-life/bedford-park/parking)

## Shopping

Major supermarkets are:

- Aldi: [aldi.com.au](http://aldi.com.au)
- Coles: [coles.com.au](http://coles.com.au)
- Drakes: [drakes.com.au](http://drakes.com.au)
- Foodland: [foodlandsa.com.au](http://foodlandsa.com.au)
- Woolworths: [woolworths.com.au](http://woolworths.com.au)

The Marion Shopping Centre is nearby Bedford Park campus and includes large department stores as well as speciality shops. [westfield.com.au/marion](http://westfield.com.au/marion)

Rundle Mall in the heart of the city of Adelaide has shopping, dining and entertainment with over 1000 retail stores and services. [rundlemall.com](http://rundlemall.com)

The transport system is smooth and affordable; and beaches are just a 15-minute drive from the main campus. This allows you to rejuvenate and relax outside of class work.

**James Nijiru**, Master of Busines, Kenya



# Getting around Adelaide



# Health

## Health insurance

Overseas Student Health Cover (OSHC) is compulsory for international students. If you are bringing dependents, you must purchase family cover. Your OSHC must be valid for the length of your student visa. Flinders University can arrange your OSHC for you through its partner Medibank.

For information on OSHC:  
[medibankoshc.com.au](https://medibankoshc.com.au)

Activate your Medibank OSHC now:  
[medibankoshc.com.au/oshcactivate](https://medibankoshc.com.au/oshcactivate)

If you are from Norway, Belgium or Sweden, you might not be required to purchase OSHC due to reciprocal arrangements between Australia and your government. For more information visit, [students.flinders.edu.au/support/iss/health-cover](https://students.flinders.edu.au/support/iss/health-cover)

## Campus health services

### Health, Counselling and Disability

The University provides a confidential health, counselling and disability service to all currently enrolled students at our fully equipped and accredited Medical Centre. The doctors direct bill Medicare, Medibank Private, Bupa and Allianz Global Assistance. International students with a different private health insurer will need to pay up-front on the day of their appointment and have the money reimbursed by the insurance company. [students.flinders.edu.au/support/hcd/health](https://students.flinders.edu.au/support/hcd/health)

### Health2Go

Health2Go offers a range of allied health services for vision, hearing, speech pathology and physiotherapy services available at the one easily accessible location. As these services are not included in your overseas student health cover, you will need to pay for the service. [health2go.com.au](https://health2go.com.au)

### Pharmacy

Flinders has an on-campus pharmacy located in the Plaza (H9 Campus Map).

**I needed the environmental change for my growth and Australia is a good place to be. I decided to study in Adelaide because not only is it affordable, it also has nice scenery and great food.**

**Oreoluwa Precious Farounbi**, Master of Public Health, Nigeria





# Safety

Australia is a safe and secure place to live and study. Like all major cities in the world it is important to consider your personal safety in relation to where you are, what you are doing and who you are with. As you would at home it is good practice to consider your personal safety and to develop a personal safety plan.

## Calling emergency services

DIAL 000 for police, ambulance or the fire brigade. You can also dial 112 and the call will be forwarded to 000 even if the phone is locked.

If you have a disability Text call emergency – for TTY or ASCII Dial: 106.

## Campus Security

Security officers are available 24 hours a day via 8201 2880 or email [security@finders.edu.au](mailto:security@finders.edu.au).

Security and Lost Property are located next to Flinders Connect on the Plaza.

[finders.edu.au/campus/bedford-park/facilities-services/security](https://finders.edu.au/campus/bedford-park/facilities-services/security)

The environment in Adelaide and Australia is very good. The style of living here is very different than Hong Kong. It's totally opposite! In HK it's very busy and crowded but here you can be very relaxed about your life. The beaches are very nice for me, I always go to the beach with my friends. I sometimes like to hang around the city with friends, it feels really safe here. Friends and family have made my life here great – I've made so many friends over here.

**Chi Ki Siu**, Bachelor Mechanical Engineering, Hong Kong

# Academic information

## Enrolment

Coursework students can find out how to plan their studies, enrol in topics (subjects) and register in classes (such as lectures, tutorial and workshops). To plan your study visit [students.flinders.edu.au/new-students/plan-your-study](https://students.flinders.edu.au/new-students/plan-your-study)

## Student ID Card

You can request your student ID card online by selecting 'Order my ID Card' from your Okta dashboard ([flinders.okta.com](https://flinders.okta.com)) the day after you complete your enrolment. To collect your student ID card visit Flinders Connect: [students.flinders.edu.au/support/flinders-connect](https://students.flinders.edu.au/support/flinders-connect)

## Flinders Learning Online (FLO)

FLO is the university's online learning platform where you can find all information about your topic details and guidelines. Please make sure you read the Statement of Assessment Methods (SAM) for all your enrolled topics.

If you need FLO help:

[flo.flinders.edu.au/course/view.php?id=162](https://flo.flinders.edu.au/course/view.php?id=162)

## Student Learning Support Service

The Student Learning Support Service offers a range of support to help with your studies. From academic writing, basic mathematics, endnote, study skills and referencing and the popular English Language Support Program to improve your English to online learning support and an English Language Support Program to improve your English.

[students.flinders.edu.au/support/slss](https://students.flinders.edu.au/support/slss)

## Academic Advocacy

A Student Advocacy Officer from Student Assist can guide you if you are having an issue that relates to an academic matter. Seek support from FUSA at: [fusa.edu.au/academic-advocacy](https://fusa.edu.au/academic-advocacy)

**Flinders is  
ranked 266  
in the world**

THE World University Rankings 2022





# Useful apps

## Download the following apps to quickly access useful information and support:

Lost on campus

[studentvip.com.au/lost-on-campus](https://studentvip.com.au/lost-on-campus)

Bureau of Meteorology Weather

[bom.gov.au/app](https://bom.gov.au/app)

Adelaide Metro

[adelaidemetro.com.au/Timetables2/Public-transport-apps](https://adelaidemetro.com.au/Timetables2/Public-transport-apps)

Affordable SA

[affordablesa.com.au](https://affordablesa.com.au)

Medibank OSHC

[medibankoshc.com.au/oshc-support/mobile-apps](https://medibankoshc.com.au/oshc-support/mobile-apps)

Okta dashboard

[students.flinders.edu.au/support/computing/okta](https://students.flinders.edu.au/support/computing/okta)

## Connecting with Flinders

International Student Services (ISS)

Flinders International, Level 1 of the Hub


Phone (618) 82012717

Email: [iss@flinders.edu.au](mailto:iss@flinders.edu.au)

J10 Campus map ([flinders.edu.au/content/dam/documents/campus/maps/campus-map.pdf](https://flinders.edu.au/content/dam/documents/campus/maps/campus-map.pdf))

<b>Health, Counselling and Disability Services</b>	<b>8201 2118</b>
<b>After hours crisis counselling support line</b>	<b>1300 512 409 or text 0488 884 103</b>
<b>Campus Security (24 hours a day)</b>	<b>8201 2880</b>
<b>Flinders Connect</b>	<b>1300 354 633</b>
<b>Flinders Living</b>	<b>7221 8900</b>
<b>College of Business, Government and Law</b>	<b>8201 3300</b>
<b>College of Education, Psychology and Social Work</b>	<b>8201 7800</b>
<b>College of Humanities, Arts and Social Sciences</b>	<b>8201 7900</b>
<b>College of Medicine and Public Health</b>	<b>7221 8200</b>
<b>College of Nursing and Health Sciences</b>	<b>8201 7500</b>
<b>College of Science and Engineering</b>	<b>8201 7700</b>
<b>Careers and Employability Services</b>	<b>8201 2832</b>
<b>Flinders University Student Association</b>	<b>8201 2371</b>
<b>Oasis</b>	<b>8201 3530</b>



 Beach  
(11 mins)

 Glenelg  
(11 mins)

Adelaide International Airport  
(25 mins) 

 Marion Shopping Centre  
(7 mins)

Tonsley train station  
(20 mins to CBD) 

Flinders Medical Centre 

# Flinders in Adelaide



**Future site** of the \$1 billion Flinders Festival Plaza, North Terrace CBD

**Adelaide CBD**  
(20 mins)

**Victoria Square campus**

**Tonsley campus**

**Flinders train station**  
(22 mins to CBD)

**Future site** of the \$1.5 billion Flinders Village development

**Flinders Living**

**Loop buses**  
Flinders campus loop  
Tonsley loop to Bedford Park

**Central library**

**Student Hub & Plaza**

**Bedford Park campus**

**Solar Car Park** has over 4,000 solar panels, providing almost 20% of Bedford Park's electricity needs

**100% Green Energy Campuses**  
Flinders University is powering its SA campuses and facilities with 100% green renewable energy, achieving net-zero emissions from electricity.

# **Flinders International Pre-departure Guide**

**International Student Services**  
**+618 8201 2717**  
**[finders.edu.au/international](https://finders.edu.au/international)**