

Master of Cognitive Behaviour Therapy

Study Planner

Stream - Coursework Stream

First Year	Semester 1	MHSC8018 Low Intensity Cognitive Behaviour Therapy for Psychological Disorders <i>S1 on campus</i>	MHSC8019 Fundamentals of Clinical Practice <i>S1 online and on campus</i>	MHSC8034 Motivational Interviewing <i>S1 and S2 online</i>	MHSC8116 Theories and Models of Health Behaviour Change <i>S1 and S2 online</i>
	Semester 2	MHSC8033 (9 units) Clinical Practicum 1 Applications of Cognitive Behaviour Therapy <i>S1 and S2 online and on campus</i> <i>MHSC8018 & MHSC8019, MHSC8034 & MHSC8116 (may be concurrent)</i>	MHSC8021 Cognitive Behaviour Therapy for Psychological Disorders <i>S1 and S2 online and on campus</i>	MHSC8035 Theories of Counselling and Psychotherapy <i>S2 online and on campus</i>	
Second Year	Semester 1	MHSC9031 (9 units) Clinical Practicum 2 Extended Applications of Cognitive Behaviour Therapy <i>S1 and S2 partial on campus</i> <i>MHSC8033</i>	MHSC8111 Managing Chronic Conditions – Self Management Support Approaches <i>S1 and S2 online</i>	Option Topic	
	Semester 2	PHCA9504 First Nations Health and Well-being <i>S2 on campus and online</i>	MHSC8032 Strength Based Approach for Supporting Young People <i>S2 online and on campus</i>	HLED9108 Research Skills in Clinical Education – Evidence Synthesis <i>S1 and S2 online</i>	Option Topic

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Key:

Core Topics
Option Topics
Prerequisite Topic

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course Rule](#).
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#)
- Advice on which elective to choose is available on the [Elective Advice](#) page
- General enrolment assistance is available via [Ask Flinders](#)
- For specific course advice e-mail: courseadvice.MPH@flinders.edu.au
- A pre-requisite topic is one you must complete prior to undertaking another topic.

Master of Cognitive Behaviour Therapy Stream - Coursework and Research

First Year	Semester 1	MHSC8018 Low Intensity Cognitive Behaviour Therapy for Psychological Disorders <i>S1 on campus</i>	MHSC8019 Fundamentals of Clinical Practice <i>S1 online and on campus</i>	MHSC8034 Motivational Interviewing <i>S1 and S2 online</i>	MHSC8116* Client-Centred Behaviour Change <i>S1 and S2 online</i> OR Option topic PHCA9523 Intro Biostatistics <i>S1 online and on campus</i> <u>(Topic required for students undertaking a dissertation using quantitative methods)</u>
	Semester 2	MHSC8033 (9 units) Clinical Practicum 1 Applications of Cognitive Behaviour Therapy <i>S1 and S2 online and on campus</i> <i>MHSC8018 & MHSC8019, MHSC8034 & MHSC8116 (may be concurrent)</i> <i>(students taking PHCA9523 instead of MHSC8116 in S1 will require a pre-requisite waiver).</i>	MHSC8021 Cognitive Behaviour Therapy for Psychological Disorders <i>S1 and S2 online and on campus</i>	MHSC8035* Theories of Counselling and Psychotherapy <i>S2 online and on campus</i> OR Option topic PHCA8011 Intro to Qualitative Methods <i>S2 online</i> <u>(Topic required for students undertaking a dissertation using qualitative methods)</u>	
Second Year	Semester 1	PHCA9512A** (9 units) Public Health Research Dissertation <i>S1 and S2 online</i> <i>Must achieve a GPA of 5. See note below.</i>	MHSC8111 Managing Chronic Conditions <i>S1 and S2 online</i>	MHSC8116 Client-Centred Behaviour Change <i>S1 and S2 online (If not taken in Year 1)</i> OR Option topic (4.5 units)	

Semester 2	PHCA9504 First Nations Health and Well-being <i>S2 on campus and online</i>	Option topic (4.5 units) OR MHSC8035 Theories of Counselling and Psychotherapy (If not taken in year 1) <i>S2 online and on campus</i>	PHCA9512B** (9 units) Public Health Research Dissertation <i>S1 and S2 online</i> PHCA9512A	
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* Students complete either MHSC8116 or MHSC8035 in year 1 depending on the methods used in their dissertation. Students intending to undertake a dissertation primarily using **qualitative** methods should complete **PHCA8011** topic in first year. Students intending to undertake a dissertation primarily using **quantitative** methods should complete **PHCA9523** topic in first year.

**Students must have achieved a GPA of at least 5 to be able to undertake the Masters Research Dissertation topics. Students who do not receive the required GPA will instead take PHCA9509 Practicum in Public Health (9 units) and an additional 9 units of option topics.

Key:

Core Topics
Option Topics
Prerequisite Topics

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