

**Bachelor of Sport, Health and Physical Activity**  
**Study Planner:**  
**General**



First Level	Semester 1	<b>HLPE1550</b> Introduction to Sport and Physical Activity	<b>HLPE1551</b> Sociology of Sport and Physical Activity	<b>HLPE1553 NS1</b> Learning on Country	Option – Year 1
	Semester 2	<b>HLPE1531</b> Inclusive and Adaptive Practices in Sport and Physical Education	<b>HLPE1554</b> Introduction to Coaching Pedagogy and Practices	<b>HLPE1556</b> Foundation Studies in Health Education	Option – Year 1
Second Level	Semester 1	<b>HLPE2300</b> Foundations of Sport Psychology	<b>HLPE2530</b> Physical Activity and Health  <b>HLPE1531 or HLPE1550</b>	Option – Year 2	Option – Year 2
	Semester 2	<b>HLPE2531</b> Sport and Physical Education  <b>HLPE1531 or HLPE2530</b>	<b>HLPE2532</b> Exercise Physiology for Physical Educators  <b>HLPE1531 or HLPE1550</b>	Option – Year 2	Option – Year 3
Third Level	Semester 1	<b>HLPE3531</b> Skill Acquisition and Biomechanics for Physical Educators  <b>2 of HLPE2530, HLPE2531, HLPE2532, HLPE1531</b>	<b>HLPE3550</b> Industry Field Placement Project  <b>HLPE2532</b>	Elective	Option – Year 3
	Semester 2	<b>HLPE3533</b> Applied Exercise Science  <b>HLPE3531</b>	<b>HLPE3534</b> Introduction to Sport Coaching, Management and Administration  <b>63 units</b>	<b>HLTH2106</b> Project Management for Health Promotion  <b>36 units</b>	Option – Year 3

**Key:**

Core Topics
Major
Elective
Prerequisite Topic

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course Rule](#).
- Topic pre-requisites are noted in red, these topics cannot be undertaken without having passed the pre-requisite topic/s, unless course co-ordinator approval is given.
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#).
- General enrolment assistance is available via [Ask Flinders](#).
- For specific course advice e-mail: [CourseAdvice.EPSW@flinders.edu.au](mailto:CourseAdvice.EPSW@flinders.edu.au).