

BNE

Bachelor Nutrition and Exercise Study Plan

The following Study Planners are available within this document:

- [Semester 1 Entry - Full-time](#)
- [Semester 2 Entry - Full-time](#)
- [Semester 1 Entry - Part-time](#)
- [Semester 2 Entry - Part-time](#)

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course rule](#)
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#)
- Enrolment assistance is available via [Ask Flinders](#)

Bachelor of Nutrition and Exercise

Semester 1 Entry

Year 1	Semester 1	HLTH1010 Research & Study Skills 1 4.5 units	HLTH1101 Health Promotion for Health Professionals 4.5 units	BIOL1105 Fundamentals of Molecular Biology 4.5 units	BUSN1012 Managing in Modern Organisations 4.5 units
	Semester 2	HLTH1004 Human Bioscience 4.5 units	HLTH1304 Interpersonal and Interprofessional Communication 4.5 units	COMS1004 Digital and Social Media 4.5 units	NUTD1106 Nutrition, Physical Activity and Health 4.5 units
Year 2	Semester 1	EXSC2004 Skill Acquisition in Sport and Exercise 4.5 units	HLPE1552 Human Functional Anatomy in Sport and Exercise 4.5 units	HLTH2007 Social and Psychological Aspects of Health and Wellbeing HLTH1101 HLTH1304 4.5 units	NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption 4.5 units
	Semester 2	DSRS2238 Disability: Health and Wellbeing 4.5 units	HLPE2403 Strength and Conditioning Practices in Sport 4.5 units	PHCA2513 Health Equity 36 units of study 4.5 units	NUTD2101 Nutrition Across the Lifecycle NUTD1106 4.5 units
Year 3	Semester 1	HLPE2530 Physical Activity and Health 4.5 units	COMS2001 Cross-Platform Content Creation and Storytelling 4.5 units	HLTH3111 Technology in Healthcare 4.5 units	NUTD3020 Nutrition for Health and Wellness 4.5 units
	Semester 2	HLPE4002 Setting for Health and Wellbeing 9 units of HLTH topics 4.5 units	NUTD3110 Independent Studies in Nutrition 9 units of level 2 NUTD 72 units of study 5 units	NUTD3203 Nutrition for Sports Performance NUTD1106 HLPE2403 4.5 units	NUTD3019 Nutrition Health Promotion 72 units of BNE HLTH1101 NUTD2105 4.5 units

*Prerequisites apply

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Semester 2 Entry

Year One	Semester 2	HLTH1010 Research & Study Skills 1 4.5 units	HLTH1304 Interpersonal and Interprofessional Communication 4.5 units	COMS1004 Digital and Social Media 4.5 units	NUTD1106 Nutrition, Physical Activity and Health 4.5 units
	Semester 1	HLTH1004 Human Bioscience 4.5 units	HLTH1101 Health Promotion for Health Professionals 4.5 units	BIOL1105 Fundamentals of Molecular Biology 4.5 units	BUSN1012 Managing in Modern Organisations 4.5 units
Year Two	Semester 2	DSRS2238 Disability: Health and Wellbeing 4.5 units	HLPE2403 Strength and Conditioning Practices in Sport 4.5 units	NUTD2101 Nutrition Across the Lifecycle 4.5 units NUTD1106	PHCA2513 Health Equity 4.5 units 36 units of study
	Semester 1	EXSC2004 Skill Acquisition in Sport and Exercise 4.5 units	HLPE1552 Human Functional Anatomy in Sport and Exercise 4.5 units	NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption 4.5 units	HLTH2007 Social and Psychological Aspects of Health and Wellbeing 4.5 units HLTH1101 HLTH1304
Year Three	Semester 2	HLPE4002 Setting for Health and Wellbeing 4.5 units 9.0 units of HLTH topics	NUTD3110 Independent Studies in Nutrition 5 units 9 units of level 2 NUTD 72 units of study	NUTD3203 Nutrition for Sports Performance 4.5 units NUTD1106 HLPE2403	NUTD3019 Nutrition Health Promotion 4.5 units 72 units of BNE HLTH1101 NUTD2105
	Semester 1	HLPE2530 Physical Activity and Health 4.5 units	COMS2001 Cross-Platform Content Creation and Storytelling 4.5 units	HLTH3111 Technology in Healthcare 4.5 units	NUTD3020 Nutrition for Health and Wellness 4.5 units

*Prerequisites apply

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Part-Time Semester 1 Entry

Year 1	Semester 1	HLTH1010 Research & Study Skills 1 4.5 units	BIOL1105 Fundamentals of Molecular Biology 4.5 units
	Semester 2	HLTH1004 Human Bioscience 4.5 units	NUTD1106 Nutrition, Physical Activity and Health 4.5 units
Year 2	Semester 1	HLTH1101 Health Promotion for Health Professionals 4.5 units	BUSN1012 Managing in Modern Organisations 4.5 units
	Semester 2	HLTH1304 Interpersonal and Interprofessional Communication 4.5 units	COMS1004 Digital and Social Media 4.5 units
Year 3	Semester 1	EXSC2004 Skill Acquisition in Sport and Exercise 4.5 units	NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption 4.5 units
	Semester 2	DSRS2238 Disability: Health and Wellbeing 4.5 units	NUTD2101 Nutrition Across the Lifecycle NUTD1106 4.5 units
Year 4	Semester 1	HLPE1552 Human Functional Anatomy in Sport and Exercise 4.5 units	HLTH2007 Social and Psychological Aspects of Health and Wellbeing HLTH1101 HLTH1304 4.5 units
	Semester 2	HLPE2403 Strength and Conditioning Practices in Sport 4.5 units	PHCA2513 Health Equity 36 units of study 4.5 units

Year 5	Semester 1	<p>HLPE2530 Physical Activity and Health</p> <p>4.5 units</p>	<p>NUTD3020 Nutrition for Health and Wellness</p> <p>4.5 units</p>
	Semester 2	<p>NUTD3203 Nutrition for Sports Performance</p> <p>NUTD1106 HLPE2403</p> <p>4.5 units</p>	<p>NUTD3019 Nutrition Health Promotion</p> <p>72 units of BNE HLTH1101 NUTD2105</p> <p>4.5 units</p>
Year 6	Semester 1	<p>COMS2001 Cross-Platform Content Creation and Storytelling</p> <p>4.5 units</p>	<p>HLTH3111 Technology in Healthcare</p> <p>4.5 units</p>
	Semester 2	<p>HLPE4002 Setting for Health and Wellbeing</p> <p>9 units of HLTH topics</p> <p>4.5 units</p>	<p>NUTD3110 Independent Studies in Nutrition</p> <p>9 units of level 2 NUTD 72 units of study</p> <p>4.5 units</p>

*Prerequisites apply

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Part-Time Semester 2 Entry

Year 1	Semester 2	<p>HLTH1010 Research & Study Skills 1</p> <p>4.5 units</p>	<p>NUTD1106 Nutrition, Physical Activity and Health</p> <p>4.5 units</p>
	Semester 1	<p>HLTH1004 Human Bioscience</p> <p>4.5 units</p>	<p>BIOL1105 Fundamentals of Molecular Biology</p> <p>4.5 units</p>
Year 2	Semester 2	<p>HLTH1304 Interpersonal and Interprofessional Communication</p> <p>4.5 units</p>	<p>COMS1004 Digital and Social Media</p> <p>4.5 units</p>
	Semester 1	<p>HLTH1101 Health Promotion for Health Professionals</p> <p>4.5 units</p>	<p>BUSN1012 Managing in Modern Organisations</p> <p>4.5 units</p>
Year 3	Semester 2	<p>DSRS2238 Disability: Health and Wellbeing</p> <p>4.5 units</p>	<p>NUTD2101 Nutrition Across the Lifecycle</p> <p>NUTD1106 4.5 units</p>
	Semester 1	<p>EXSC2004 Skill Acquisition in Sport and Exercise</p> <p>4.5 units</p>	<p>NUTD2105 Individual, Social and Environmental Perspectives on Food Consumption</p> <p>4.5 units</p>
Year 4	Semester 2	<p>HLPE2403 Strength and Conditioning Practices in Sport</p> <p>4.5 units</p>	<p>PHCA2513 Health Equity</p> <p>36 units of study 4.5 units</p>
	Semester 1	<p>HLPE1552 Human Functional Anatomy in Sport and Exercise</p> <p>4.5 units</p>	<p>HLTH2007 Social and Psychological Aspects of Health and Wellbeing</p> <p>HLTH1101 HLTH1304 4.5 units</p>

	Semester 2	<p>NUTD3203 Nutrition for Sports Performance</p> <p>NUTD1106 HLPE2403</p> <p>4.5 units</p>	<p>NUTD3019 Nutrition Health Promotion</p> <p>72 units of BNE HLTH1101 NUTD2105</p> <p>4.5 units</p>
Year 6	Semester 1	<p>HLPE2530 Physical Activity and Health</p> <p>4.5 units</p>	<p>NUTD3020 Nutrition for Health and Wellness</p> <p>4.5 units</p>
	Semester 2	<p>HLPE4002 Setting for Health and Wellbeing</p> <p>9 units of HLTH topics</p> <p>4.5 units</p>	<p>NUTD3110 Independent Studies in Nutrition</p> <p>72 units of BNE</p> <p>4.5 units</p>
Year 7	Semester 1	<p>COMS2001 Cross-Platform Content Creation and Storytelling</p> <p>4.5 units</p>	<p>HLTH3111 Technology in Healthcare</p> <p>4.5 units</p>

*Prerequisites apply