

Bachelor of Exercise Science Study Planner

Year 1	Semester 1	BIOL1102 Molecular Basis of Life 4.5 units	HLPE1552 Human Functional Anatomy in Sport and Exercise 4.5 units	HLTH1010 Research and Study Skills 1 4.5 units	EXSC1001 Fundamentals of Exercise Science 4.5 units
	Semester 2	HLTH1004 Human Bioscience 4.5 units	HLPE2533** Exercise Prescription and Physiology 4.5 units	NUTD1106 Nutrition, Physical Activity and Health 4.5 units	Option Topic 4.5 units
Year 2	Semester 1	HLTH2107** Research and Study Skills 2 4.5 units	MMED2931** Human Physiology 4.5 units	HLPE2530 Physical Activity and Health 4.5 units	EXSC2002** Exercise Prescription in Motor Control and Learning 4.5 units
	Semester 2	ENGR2862** Sports Biomechanics 4.5 units	NUTD3203** Nutrition for Sports Performance 4.5 units	EXSC2003 ** Exercise Physiology 4.5 units	HLTH2105 Health: A Psychological Perspective 4.5 units
Year 3	Semester 1	HLTH3112** Research and Study Skills 3 4.5 units	MMED3932** Body Systems 4.5 units	EXSC3001** Advanced Topics in Exercise Science 4.5 units	EXSC3002** Professional Practice in Exercise Science 4.5 units
	Semester 2	HLTH3116 Legal and Ethical Aspects of Health Care 4.5 units	EXSC3010** Psychology of Exercise, Health and Behaviour Change 4.5 units	Option Topic 4.5 units	Option Topic 4.5 units

**** Pre-requisites apply**

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed the required number of units of study according to the official course rule available [online](#).
- Topic information can be found on the [Topic Page](#).
- For enrolment advice please submit an [Ask Flinders](#) request.