

# Bachelor of Exercise and Sport Science / Master of Clinical Exercise Physiology

## Study Plan

Year 1	Semester 1	<b>BIOL1102</b> Molecular Basis of Life  4.5 units	<b>EXSC1001</b> Fundamentals of Exercise Science  4.5 units	<b>HLPE1552</b> Human Functional Anatomy in Sport and Exercise  4.5 units	<b>HLTH1010</b> Research & Study Skills 1  4.5 units
	Semester 2	<b>HLPE2533</b> Exercise Prescription and Physiology  <b>HLPE1552</b> 4.5 units	<b>HLTH1004</b> Human Bioscience  4.5 units	<b>NUTD1106</b> Nutrition Physical Activity and Health  4.5 units	<b>OPTION TOPIC</b>  4.5 units
Year 2	Semester 1	<b>EXSC2002</b> Motor Learning and Control  <b>HLTH1004</b> <b>EXSC1001</b> 4.5 units	<b>HLPE2530</b> Physical Activity and Health  4.5 units	<b>HLTH2107</b> Research & Study Skills 2  <b>HLTH1010</b> 4.5 units	<b>MMED2931</b> Human Physiology  <b>HLTH1004</b> 4.5 units
	Semester 2	<b>ENGR2862</b> Sport Biomechanics  <b>EXSC1001</b> 4.5 units	<b>EXSC2003</b> Exercise Physiology  <b>EXSC1001</b> <b>HLTH1004</b> <b>HLPE2533</b> 4.5 units	<b>HLTH2105</b> Health: A Psychological Perspective  4.5 units	<b>NUTD3203</b> Nutrition for Sports Performance  <b>NUTD1106</b> <b>MMED2931</b> 4.5 units
Year 3	Semester 1	<b>EXSC3001</b> Advanced Topics in Exercise Science  <b>EXSC2002</b> <b>EXSC2003</b> <b>MMED2931</b> 4.5 units	<b>EXSC3002</b> Professional Practice in Exercise Science  <b>EXSC1001</b> <b>EXSC2003</b> <b>EXSC3001</b> <sup>^</sup> 4.5 units	<b>HLTH3112</b> Research & Study Skills 3  <b>HLTH2107</b> 4.5 units	<b>MMED3932</b> Body Systems  <b>MMED2931</b> 4.5 units
	Semester 2	<b>EXSC3010</b> Psychology of Exercise, Health and Behaviour Change  <b>HLTH2105</b> 4.5 units	<b>HLTH3116</b> Legal and Ethical Aspects of Health Care  4.5 units	<b>OPTION TOPIC</b>  4.5 units	<b>OPTION TOPIC</b>  4.5 units

Prerequisites apply  
^ may be concurrent

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Year 4	Semester 1	<b>EXSC8001</b> Clinical Exercise Assessment and Prescription  4.5 units	<b>MMED8937</b> Pathophysiology for Medical Science GE  4.5 units	<b>REHB8101</b> Pathophysiology for Medical Science GE  4.5 units	<b>REHB9034</b> Clinical Research Methods  4.5 units
	Semester 2	<b>EXSC8003</b> Advanced Exercise Prescription and Neuromusculoskeletal Disorders  4.5 units	<b>EXSC8004</b> Exercise and Chronic Disease Management  4.5 units	<b>Research Stream Topic Or Coursework Minor Topic</b>  4.5 units	<b>Research Stream Topic Or Coursework Minor Topic</b>  4.5 units
Year 5	Semester 1	<b>EXSC9001A</b> Exercise Management for Neuromusculoskeletal Conditions (Practicum)  EXSC8001 EXSC8003 MMED8937 REHB8101 4.5 units	<b>EXSC9002A</b> Exercise Management for Cardiometabolic and Respiratory Conditions (Practicum)  EXSC8001 EXSC8003 MMED8937 REHB8101 4.5 units	<b>EXSC9003A</b> Exercise Management for Chronic and Complex Conditions (Practicum)  EXSC8001 EXSC8003 MMED8937 REHB8101 4.5 units	<b>Research Stream Topic or Coursework Minor Topic</b>  4.5 units
	Semester 2	<b>EXSC9001B</b> Exercise Management for Neuromusculoskeletal Conditions (Practicum)  EXSC9001A 4.5 units	<b>EXSC9002B</b> Exercise Management for Cardiometabolic and Respiratory Conditions (Practicum)  EXSC9002A 4.5 units	<b>EXSC9003B</b> Exercise Management in Chronic and Complex Conditions (Practicum)  EXSC9003A 4.5 units	<b>Research Stream Topic or Coursework Minor Topic</b>  4.5 units

Prerequisites apply  
^ may be concurrent

**Option topics** are available from a select list of topics as per the course rule

Please note:

- This document is provided as a guide only. It is the student's responsibility to review and assess any changes to the course rule, topic prerequisites and semester availability; this information is available [online](#)
- Topic information can be found on the [Topic Page](#)
- For enrolment advice please submit an [Ask Flinders](#) request.