

ADHS

Associate Degree in Health Sciences Study Plan

The following Study Plans are available within this document:

- [Semester 1 Commencing](#)
- [Semester 2 Commencing](#)

Please note:

- This document is provided as a guide only. Students are responsible for ensuring that they have completed their study according to the official [Course rule](#)
- Topic information for all topics, including pre-requisites can be found on the [Topic Page](#)
- Students should enrol in **HLTH1010** Research and Study Skills 1 in their first semester of study.
- *Option topics* are available from a select list of topics as per the course rule
- *Elective Topics* can be selected from the relevant year level across the University where entry requirements are met
- Enrolment assistance is available via [Ask Flinders](#)

Associate Degree in Health Sciences - ADHS

Semester 1 Entry

Year One	Semester 1	<p>HLTH1010 Research & Study Skills 1</p> <p>Enrol in S1</p> <p>4.5 units</p>	<p>HLTH1004 Human Bioscience</p> <p>Enrol in S1</p> <p>4.5 units</p>	<p>HLTH1304 Interpersonal and Interprofessional Communication</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>
	Semester 2	<p>HLTH1012 Strengths-based Approaches to Health: Working with Aboriginal and Torres Strait Islander Peoples</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>HLTH1306 Understanding Health, Illness, and Health and Social Care in Australia</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>
Year Two	Semester 1	<p>HLTH2101 Critical Social Analysis of Health</p> <p>Prerequisites 36 units of topics</p> <p>4.5 units</p>	<p>HLTH2107 Research & Study Skills 2</p> <p>Prerequisites HLTH1010</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>
	Semester 2	<p>HLTH2105 Health: A Psychological Perspective</p> <p>Prerequisites 36 units of topics</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>

Option Topics – Year 1 - Select 13.5 units of option topics from the topics listed in the Program of Study in the Handbook

<https://handbook.flinders.edu.au/courses/2026/ADHS>

Option topics - Year 2 - 22.5 units of Option topics from Health Sciences Option topics, including option pathways within the

Bachelor of Health Sciences Minor pathways <https://handbook.flinders.edu.au/courses/2026/BHSC>

Associate Degree in Health Sciences - ADHS

Mid-Year Entry

Year One	Semester 2	<p>HLTH1010 Research & Study Skills 1</p> <p>Enrol in S2</p> <p>4.5 units</p>	<p>HLTH1004 Human Bioscience</p> <p>Enrol in S2</p> <p>4.5 units</p>	<p>HLTH1012 Strengths-based Approaches to Health: Working with Aboriginal and Torres Strait Islander Peoples</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>
Year Two	Semester 1	<p>HLTH1304 Interpersonal and Interprofessional Communication</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>HLTH1306 Understanding Health, Illness, and Health and Social Care in Australia</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>	<p>OPTION TOPIC Choose from list of option topics in course rule</p> <p>S1 or S2</p> <p>4.5 units</p>
	Semester 2	<p>HLTH2105 Health: A Psychological Perspective</p> <p>Prerequisites 36 units of topics</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>
Year Three	Semester 1	<p>HLTH2101 Critical Social Analysis of Health</p> <p>Prerequisites 36 units of topics</p> <p>4.5 units</p>	<p>HLTH2107 Research & Study Skills 2</p> <p>Prerequisites HLTH1010</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>	<p>OPTION TOPIC</p> <p>4.5 units</p>

Option Topics – Year 1 - Select 13.5 units of option topics from the topics listed in the Program of Study in the Handbook <https://handbook.flinders.edu.au/courses/2026/ADHS>

Option topics - Year 2 -22.5 units of Option topics from Health Sciences Option topics, including option pathways within the Bachelor of Health Sciences Minor pathways <https://handbook.flinders.edu.au/courses/2026/BHSC>