

#TakingUpTheChallenge

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Managing Challenging Behaviours after Traumatic Brain Injury

in Hospital & Rehabilitation Settings



Challenging behaviours, such as aggression and agitation are prevalent after traumatic brain injury



What's the challenge with challenging behaviours?

- Overuse of mechanical restraints
- Increases length of stay in hospitals
- Impedes progress in rehabilitation
- Healthcare workers exposed to physical violence

Proposed Solution:
Tailoring care to individual needs

- Appropriate assessment of challenging behaviours
- Individualised, evidence based management
- Staff education



IMPACT:
Improving the dignity, respect and wellbeing of patients

- Person-centred individualised care to patients
- Supporting staff to provide dignified, comprehensive care
- Relevant to many population groups and settings

...So let's take up the challenge!



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