#TakingUpTheChallenge

 Heather Block (PhD Candidate)
 heather.block@flinders.edu.au

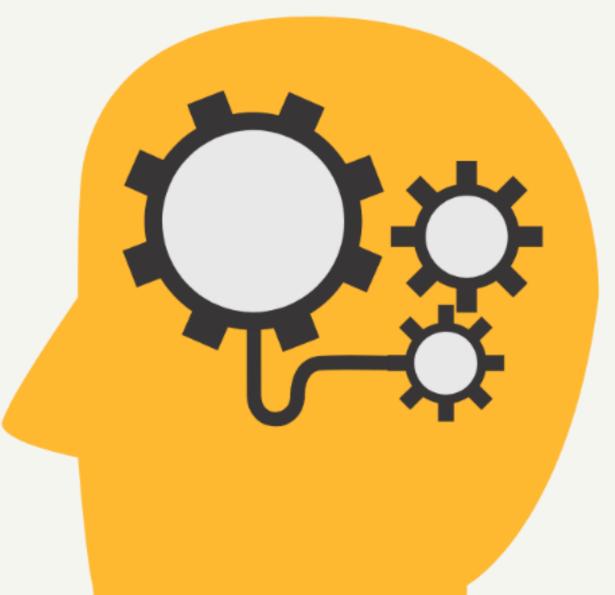
 College of Nursing & Health Sciences

 \@ HeatherBlockOT



Managing Challenging Behaviours after Traumatic Brain Injury

in Hospital & Rehabilitation Settings





Challenging behaviours, such as aggression and agitation are prevalent after traumatic brain injury



Proposed Solution: Tailoring care to individual needs What's the challenge with challenging behaviours?

- Overuse of mechanical restraints
- Increases length of stay in hospitals
- Impedes progress in rehabilitation
- Healthcare workers exposed to physical violence



- Appropriate assessment of challenging behaviours
- Individualised, evidence based management
- Staff education



IMPACT: Improving the dignity, respect and wellbeing of patients

- Person-centred individualised care to patients
- Supporting staff to provide dignified, comprehensive care

 Relevant to many population groups and settings
 ...So let's take up the challenge!



INSPIRING ACHIEVEMENT

ABN 65 542 596 200, CRICOS No. 00114A